



The Elfrida Society has provided advocacy to parents with learning disabilities for many years.



We help parents understand the processes of working with Children's Services and support them in meetings at Court hearings.



Our advocates listen to the experiences of parents with learning disabilities every day and hear the stress and anxiety it causes them.



We really want to make a positive change to the way social workers communicate with parents and make sure they do everything they can to make the process clear and respectful.



The only way we can do that is to hear from parents themselves.



We are often asked to speak to researchers at universities to help them learn better ways of working with parents with learning disabilities which is a great way of making a change.



So, we have set up a project where parents with learning disabilities can speak up about their own experiences and explain what could be done better.



The researchers interview parents, in groups or 1:1, and ask them about their experiences. This can be in person or online at a time that suits the parents.



Sometimes the interviews are written down and sometimes they are recorded as a film, depending on the parents' wishes.



## Things to know:

- All the information shared is anonymous so names and details will be taken out so you can't be recognised.
- Interviews usually take up to an hour. Advocates can sit is with parents or they can do it by themselves.
- There may be several interviews over the space of several months.
- Researchers always give parents shopping vouchers to thank them for their time.
- Parents are always updated on how the research is being used and what outcomes take place.



For more information or to join the group, contact us:



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