

What we do



We offer a weekly drop-in service to help with any issues regarding your physical, emotional and sexual health.



We also offer advocacy to help resolve any health issues quickly.

What we can do to help:



Attend your medical appointments and annual review with you.



Improve access to any healthcare.



Explain any medical jargon.



Resolve any problems with your health providers.



Share lots of accessible information about health.

Our drop-in is open: For more information:



Wednesday



10am-12noon



34 Islington Park Rd



Phone 020 7359 7443



Email Advocacy@elfrida.com

Specialist help on any health matters