

for adults with a learning disability living in Islington



The Elfrida Society, in partnership with Digital Unite, can help you to get a free internet tablet preloaded with data and free digital support if you are facing a combination of digital exclusion.



Our offer includes support to set up and get familiar with your new tablet and internet access. We cannot offer ongoing digital training but can help you find support that is available locally.

By getting new digital skills you will be able to:



Access Internet and on line services such as shopping, entertainment and home banking



Access Job Centre Plus or carry out Job Searching



Contact friends and family via Zoom & Skype and maintain social connections



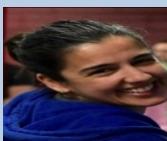
Contact your Doctor, NHS services or other support services



Pursue your hobbies and interests



If are interested please contact Nikki Chivers, at the Elfrida's Digital Inclusion Project on:



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