Contact the Elfrida Advocacy project for more information about Independent Care and Support Advocacy





Because people with learning disabilities have the answers



0207 359 7443

34 Islington Park Street





London

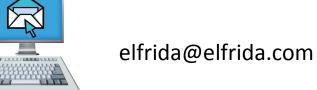
N1 1PX

www.elfrida.com













Independent care and support

advocacy

Supporting people to speak up in Islington



Independent Care Act Advocates





lf you

- need help to take part in meetings about you
- want support to help understand information
- have no one else to help you
- you may be able to work with a care and support advocate





- help you be involved in making your support plan
- say how your support plan is working
- this is called a review
- we also support people through safeguarding



To find out about getting a care and support advocate speak with your social worker ILDP can make a referral



you can also contact Elfrida



Care and support advocates can help you to

- think about your support needs
- prepare for assessments about you to help find out about your goals and needs